

CROSSTRAIN CONFERENCE AGENDA OCTOBER 2013

<u>Monday, October 21</u>	
Afternoon	General arrival
6:00 p.m.	Supper and evening fellowship
<u>Tuesday, October 22</u>	
8:00 - 8:30 a.m.	Breakfast and devotion (Daron)
8:30 - 9:00 a.m.	Introductions and Mark welcome
9:00 - 10:15 a.m.	Rick: <i>Spiritual</i> resilience presentation, sharing, and action plan
10:15 - 10:30 a.m.	Break
10:30 - 11:30 a.m.	Rick: <i>Physical</i> resilience presentation, sharing, and action plan
11:30 - 12:15 p.m.	Lunch
12:15 - 1:30 p.m.	Rick: <i>Emotional</i> resilience presentation, sharing, and action plan
1:30 - 2:00 p.m.	Break
2:00 - 3:00 p.m.	Rick: <i>Relational</i> resilience presentation, sharing, and action plan
3:00 - 5:30 p.m.	Free time, relax, workout
5:30 - 6:30 p.m.	Supper
6:30 - 7:45 p.m.	Don: Devotion and Preaching Presentation, fellowship
<u>Wednesday, October 23</u>	
8:00 - 8:30 a.m.	Breakfast and devotion (Don)
8:30 - 10:00 a.m.	Daron: Time Management Workshop
10:00-10:15 a.m.	Break
10:15-11:15 a.m.	Mark: Strengthsfinder
11:15-12:00 p.m.	Lunch
12:00-12:30 p.m.	Rick: Introduction to Peer Coaching
12:30 - 1:00 p.m.	Mark: MLI and Transformational Leadership
1:00 - 1:30 p.m.	Action Plans
1:30 - 2:30 p.m.	Scott: Vision/Traction Design - or - Action Plan Consultation
2:30 - 2:45 p.m.	Break
2:45 - 3:45 p.m.	Scott: Vision/Traction Design- or - Action Plan Consultation
3:45 - 6:00 p.m.	Free time, relax, workout
6:00 - 7:00 p.m.	Supper
7:00 - 8:45 p.m.	Devotion (Charlie), wrap-up, and fellowship
<u>Thursday, October 24</u>	
7:00 - 7:30 a.m.	Breakfast
Morning	Departure